In keeping with Calvary Homes’ mission to “maximize residents’ quality of life”, Flagship Rehabilitation and the leadership of Calvary Homes encourage regular participation in keeping fit and maintaining a high level of independence. The addition of the Nu-Step T5 recumbent cross trainer is our first step to enhancing our fitness center with state-of-the-art equipment to encourage a healthy lifestyle for residents and employees alike.

Calvary Fellowship Homes is a 501(c)(3) not-for-profit organization serving older adults without regard to race, color, national origin, ancestry, sex, physical handicap, disability, or religious creed. Official registration and financial information for Calvary Fellowship Homes may be obtained from the PA Dept. of State by calling toll-free within PA, 1(800)732-0999. Registration does not imply endorsement. Gifts made to Calvary Fellowship Homes are voluntary and are deductible to the fullest extent permitted by law.
State of the Art Equipment

The Nu-step provides a low impact, inclusive, total-body cardiovascular and strengthening workout with a remarkable combination of motivating features, resistance levels, workout programs and easy accessibility with its step-through design.

Having over 20 years of experience in refining the design and function, Nu-Step’s newest T5 model offers a well-rounded and comfortable exercise experience for seniors.

Easy to Use Console

Designed for easy use by the technology challenged, the T5 console offers choice in each workout, while monitoring the user’s heart rate with comfortable hand grips. The easy-to-read digital readouts are helpful for those with sight impairments and the swivel seat and pass-through design provide easy access on and off.

Making Calvary Homes a Place of Wellness

The addition of the Nu-Step recumbent cross trainer is the first of several improvements we hope to make to the Nissley Building fitness room. These improvements are intended to:

- enhance the health and wellness of residents and employees
- facilitate transitions for residents completing therapeutic rehabilitation in health care and continuing their success with on-going wellness activity
- improve the level of safety with modern, commercial-grade equipment
- replace worn and outdated equipment
- build participation in wellness activity leading to the completion of a new and enlarged wellness center in the coming renovations

To kick off the Fitness for Life campaign, our rehabilitation therapy provider, Flagship Rehabilitation, is sponsoring this effort with a major gift. Calvary Homes thanks Flagship Rehabilitation for their generous gift and vision in understanding the value of on-going wellness for residents of Calvary Homes!

Will you join with Flagship Rehabilitation in support of residents' wellness?

Yes, I’d Like to Help!

(please print legibly)

| Individual Name ________________________ | Address ________________________________ |
| City, State, Zip ________________________ | Phone ________________________________ |
| Email _________________________________ | |

I (we) would like to: (check all that apply)

- Give a gift toward the cost of the Nu-Step cross trainer
  $__________ Amount

- Provide a charitable gift annuity with the proceeds applied to equipment for the fitness room (Dan Snyder will contact you)

- Provide this gift in Honor of:
  Name(s): _________________________

- Provide this gift in Memory of:
  Name(s): _________________________

Payment by: (circle one)

Check  Visa  MasterCard  Discover

If using a credit card, provide the following:

Credit card #: _________________________
Expiration date _________________________
Security code _________________________
Name on card _________________________
Signature _________________________

Return this form with your gift to Calvary Homes, 502 Elizabeth Dr., Lancaster, PA 17601

Thank you for your kind gift!